You will need to find the connector pictured here Labeled M7 which is on the right left side of the car.

You will be looking for pin 22 in that connector on the harness side:

It is a white wire on the 2009 USDM Car.

The one wire coming out of the autoshift box gets TAPPED into here. Do not cut this wire, only T into it!!!

Just plug the connector into the OBD II port and it will shift at ~8000-8200rpm. The car must be manual mode, and the R mode must be selected for the transmission in order for this to work.

If you wish to, you can wire this directly into the OBD II port wiring by cutting off the plug OBD side of it. This way you can still datalog while using this as well.